A Prayer to be sayd in the end of the morning prayer daily

(through the diocese of Norwich) during the tyme of this hard and sharp wether/of frost and snow/to crave mercye for our synnes/and release of this sore punishment at the mercifull handes of our good and gracious God.

O Thou most great/most mightie and terrible God/the God of hostes & Lord of all power/at whose mightie presence the Angells do trimble/all powers & dominations do dread & feare/at whose becke all creature in Heauen & Earth do bow/at whose terrible countenaunce the elementes do flye away: thou touchest the Earth & maketh/thou touchest the mountayns & makest them/thy voyce is a mightie and valeaunt voyce/thy/dyuideth the waters in sonder & breakethe the Cedar/in pieces/at thy pleasure thou gyuest snow like woll/& frost like ashes/thou castest forthe thy/morselles/who can abyde the cold therof/thou sendest thy word & meltest them agayne/thou doest/as it pleaseth the/in Heauen & in Earth/in the/in all depe places. Kepe with true repentaunce/the our hard & stonye harte/make vs soft & fleshy/wyte in them thy holy lawes/graue them depe/the feell of feare/that they may so sinke & settle in our/that we neuar depart from them agayne/in dede/we haue sinned/we haue committed iniquitie/we haue/wickedly before thy Maiestie/we haue gone a waie/O Lord/& haue not harkned to thy voyce/which/hast uttered unto vs by thy Seruants the Prophets/& Ministers/we haue contened to do thy word/& rebelled against thy most holy will. And therfore/hange to the truth of thy promise/thou hast iustly pow-/on vs the tokenes of thy displeasure/as thou hast/thy seruant Moses: If ye will not obey me/but/in stubbornely against me/I will punish you yet/seuen more according to your synnes/I will breake/the of your pour and I will make your Heauen as/& your Earth as brasse/I will smyte you with fa-/ouch sickines/with heate & with cold/I will destroy/ures of your handes/the fruytes of the Earth/your/& cattell. According to thy threates thou hast sent/impenitent sinners from tyme to time thy greate & terrible plagues/as water/fyre/swoorde/pestilence/fa-/uild beastes/cruell enemies/froggs flese/locustes/oppers/caterpillers/mildewes/blastinges/hayle/-/frost/snowe/thunder/lightninges/drought/-/heat/and cold/which all be iust rewards for sin./ thinges O Lorde/we fele now (in part) to our/greife to be full true. We haue hardned our hartes/thy word/and therfore hast thou hardned the earth/ll us. We haue bene colde in loue to the/and to our/ent/therfore thy ayr is now frosen unto vs/we haue/our eyes from beholdinge thy truth/therfore the/hy doth hee face from vs/we haue turned our/ backward thee/therfore thou turnest thy face from/e haue not brought forth the good fruytes of true re-/ance/therfor the fruytes of the earth are taken from/e haue not obeyd thee/our Lord and creatour/ther-/e creatures/which thou madest for our use refuse to/e. For we haue abused them vainly/proudly/rio-/usly/wantonly/excessiuely/unmercyfully/and uncharl-/. Wherfore they be both wearied & ashamed to main-/taine our lewde life any more. Our sinnes haue separated/thee/and those of thy creatures from vs. We haue deceyued our selues in the wayes of our owne vanities/thin-/kinge our selues to be wyse we are proued starke fooles/in our wrath & folitie we would not acknowleg thee. Wher-/fore throughe necessitie we are dryuen to seke thee. We/haue bene both vnmyndfull and vnthankfull for thy ma-/nifold and wonderfull benefites continually powred up-/on vs/& therfore be unworthy to receyue any more. We/hyde not our sinnes from the/O Lord/our mercifull Fa-/ther/but confesse with sorowfull hartes & sighing soules/that the offence & heauy displeasure of thy mighte Ma-/iestie a thousand tymes more greueth vs/then all the/plagues and punishmentes in the worlde/yea though we/suffred the tormentes of hell/we do not defend our sinnes/but vtterly defye them/we do not excuse our selues befor/thee/which knowest the secretes of all hartes/but accuse/our sinnes to be the cause of all our euilles/woo to our wic-/kednes that hath offended thee/it is we that haue offen-/ded/we do acknowlege it/we do fele it/we do earnestlye/repent it. As we haue sowne so do we reape/as we haue/layde up so do we find/as we haue deserued so do we re-/ceyue/euen the bitter cup of thy deserued wrath. Loke done/O Lorde from heauen/with thy pitefull eyes/behold our/lamentable estate/the deepe snow hath ouerwhelmed the/Earth/the nipping frost hath consumed the fruytes ther-/of/thou that bringest forthe herbes and grasse for the use/of man & beast/behold all is consumed and spent almost/the the preseruest man & beast/make som prouision for both/the cattell do groue & make pitiouse complaynt/the heards/do low/the flockes do bleet/the bryddes do crie to the for/succour and relese. Lorde if they sterue/our bodyly foode/doth perish/for thou hast gyuen them unto vs for meat:/they haue not sinned but we haue transgressed/they nede/not to repent/but we which haue offended/we do con-/fesse we are unworthy of thy fauour & mercie/& yet thou/dealest not so hardly with vs/as thou hast done/in many/for like offences/whereas thou mightest worthyly plage vs/as thou hast done them in thy soderne wrath/but thou/warnest vs with lesser stroukes/then we deserue/that we/should tourne to thee with our hole harte/which of our/selues we are not hable to do wout thee/wherfore tourn/vs O Lorde/and we shalbe conuerted unto thee. Kenue the/a right spryte within vs/then shall we walke in thy waies/who can make clene the which is conceyued in vnclaenes/but thou alone/no man can come unto thee/excepte thou/drawest him unto the/thou art good and we be euill/the/art holy/and we prophayne/thou art pure/and we pollu-/ted/thou art iust & we vniust/thou art life & we in death./thou art the physition/and we thy patientes/thou art ioy/and gladnes/and we be sorowfull & sadd/thou art veritie/and we be vanitie/thou art mercy and we in myserye/to/whom should we flye in our distres/but unto thee/if thou/refuse vs/who will receyue vs/O Lorde impert these rich/and plentifull graces of thine unto vs/that be poore/ne-/die and beggerly/full of all noughtynes/and voyde of all/goodnes/thou art our creator & we thy creatures/dispise/not O Lorde the worke of thine owne handes/thou arte/our God cast vs not from thee/which be thy people/thou/art our King defend vs thy subiectes/thou art our Pas-/tore seke vs and saue vs thy lost shepe/thou art our Fa-/ther gyue vs thy Children our dayly breade/remembre/thy dere Sonne Jesus Christ in whom the art pleased & pacified/who is unto the our aduocate and patrone/whose in-/tercession for vs can not be vaine/he is our head preserue/vs his membres/he is our bridgrome by thy gracious/consent/cast vs not of his dearly bought sponse. Thou/hast promised O deare Father to heare vs in his name/yf we had not sinned we are thine/& if we sin yet through/him we are thyne/though we be unworthy/through our/offences/yet is our Christ worthye for whose cause thou/shouldest graunt our petions/and greater is thy glory &/more large thy liberalitie/to gyue to those that be unwor-/thy/it is a worthie thing for thee/to make the unworthy to/be worthy/wherin thy grace doth most abound/thou hast/promised by thy faythfull Seruantes the Prophetes and/Apostles/that if we repent thou wolt no more remembre/our offences/Lord thou knowest our fraile nature/& how/we be but dust and ashes/fraile fleshe corruption and/wormes of the earth/more vaine then vanitie it self/what/praise can be to the O mightye Lorde to sterue with dust/and ashes/what strength is that to fight against vayne/shadowes/what power can that appeare to beat downe/rotten fleshe/what greate renowne is it to thee to tread/downe selfe crawling wormes and dryue them into dust/yt is Enough for thee O Lion most victoriouse of the tribe/of Juda that we fall downe before thy face/and yeld our/selues to thee/& then thyne angre hath an end. We are/heare O Lorde before thy Maiestie falling to the ground/confessinge our sinnes with sorowfull hartes and sobing/sighes in fasting/weping/and turning wholly unto thee/craueyng Perdon for all our misdedes/promising amend-/ment and reformyng of our synfull life/according to thy/holy worde/beseching thee most hartely to indue vs with/thy principall spryte euer to guyde & direct vs in the waies/of thy lawes and workes of thy commaundementes/and/upon this our most humble submission/to take away/(if so be thy fatherly will and most for thy glory and our/commodite) this hard & sharpe wether/melt this snow/mitigate this frost/make bare the face of the Earth/bring/forth fruytes and grasse for the use of man & beast/gyue/seasonable wether/preserue the kindes/of beast and foule/which thou hast made for the seruice of man/that both in/these benefites & all other/thy creatures we may acknow-/lege thee/our mightie Lorde & gracious God in knowe-/lege we may truly worship the/in worshipping may loue/thee/in loue may euer cleaue fast to thee/without all sepa-/ration to glorifye thee/in thy euerlastinge kingdom/through the merits of thy dearly beloued Sonne our one-/ly Lorde and Sauiour Jesus Christ/in whose name/we/are commaunded to aske/and what so euer is nedefull/according to thy will we shall obtaine/wherfore through/him we are bold to come unto the throne of thy grace say-/ing as he hath taught vs.

Our Father which art in Heauen. &c.

God saue the Queene.

Seane and allowyd.

Imprinted at Norwich in the parish of S. Andrewe by Antho: de Solempne.